



**Akashic Records**  
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## **Generating Positive Momentum**

### **Using the Akashic Records**

Historically, we've held the belief that all our flaws, shortcomings and blocks needed to be healed and resolved in order to move forward in our lives. We've spent many years in pursuit of that sense of being healed enough to step into our destiny.

The result of this relentless pursuit of healing our perceived wounds means we have focused a lot of our energy on what is wrong with us, not realizing that what is right with us has been waiting for us to notice it right there!

The Akashic Records, which holds the Truth of you at the Soul-Level, is the ideal environment to discover what is right with you and support you in positively moving toward your dreams and aspirations. You can do this even if your perceived limitations are still being healed and resolved.

If you have the dream or desire, you have what it takes to get there, one step at a time. Learning to work in your Akashic Records from this positive, forward moving point of view will have you accelerating toward your dreams!

### **Here are some key tips that will support you in Generating Positive Momentum in your Akashic Records:**

1. Open to believing that you can fulfill your desires starting from where you are right now, without the requirement to heal anything else or remove any more blocks! If you feel the call of your dreams and desires, then you have what it takes to manifest them.
2. You can interrupt the pattern of feeling that you need to continually heal and release in order to be worthy of the dreams you feel calling you into your future.
3. You are worthy of all you desire! Really feel this statement in your body, mind, emotions and energy field! *You are worthy of all you desire.*
4. The seeds of your potential already exist within you and the evidence of this are all of your desires. There are many more things out in the world that you do not



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desire! This means that your desires are unique to you and your pathway.

5. The journey toward your desires happens in small increments: one step at a time. You can use the support from your Soul Guidance Team (SGT) and the Akashic Records to discover those steps one at a time. Each step you take is a VICTORY since you are overcoming inertia, creating momentum and gaining confidence all at the same time.